Title: Foam free design using a clear plastic stem twister / holder

Short description

A clear plastic holder for use in a vase that creates a spiral effect of the plant material stems

Plant material

- Any seasonal plant material you have access to
- Flowers: Roses, aliums, carnations
- Foliage: any

Mechanics and sundries

- Stem twister the hole diameters are approx. 1cm and made from durable plastic
- Vase

Method

- 1. Align the points on the stem twister so the holes in the top and bottom sections are above each other
- 2. Insert the flower and foliage stems into the holes one by one
- 3. Hold the stems at the bottom
- 4. Narrow stems will easily fall through if this happens combine large and small stems together through the same hole
- 5. Continue to add all your plant material
- 6. Rotate and twist the top section of the stem holder until the stems have twisted
- 7. The integrated spiral design of the stem holder ensures the stems are held securely
- 8. Trim the excess off the stems
- 9. Place the flowers and stem holder in a vase of water

Tips/seasonal modifications

- Hold the stems underneath the bottom of the stem hole once you have pushed them through the holes
- Has a similar effect to a hand tie with spiral stems but is must easier to hold and create
- The stem twister enables a beginner to arrange flowers easily in a vase without the flowers flopping over
- If the desired effect isn't quite achieved the flowers can easily be removed and replaced without damaging them. This is not so easily done using floral foam
- The stem holder can be washed in hot soapy water and reused many times
- Vary in price from £2 to £5

Design by: Jean Jones

Date: May 2024